

# Nice and Easy Dance 18th April 2026

## Dances from the following

### 1 GOING FOR A SPIN J32 · 2RR

Maggie & Duncan Keppie: Haliburton SCD Book #1: Tenth Anniversary Book · Crib: E-cribs

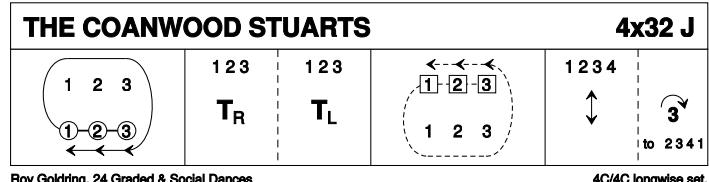
Couple face couple Round the Room

- 1- All RHA ; all W turn RH
- 9- All LHA ; all M turn LH
- 17- L-Chain into promhold
- 25- All couple Promenade 1½ cclw round each other and face a new couple

### 2 THE COANWOOD STUARTS J32 · 4/4L

Roy Goldring: Graded and Social Dances 1 - 24 Dances · Crib: MiniCrib · Diagram: Keith Rose's Diagrams

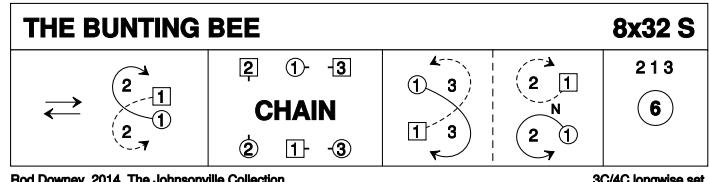
- 1-8 1M followed by 2M+3M (who dance up) cross & cast down Ladies' side; cross below 3s & dance up on own side to places
- 9-16 1s+2s+3s turn partners RH once round & turn partners LH once round
- 17-24 1L followed by 2L+3L (who dance up) cross & cast down Men's side; cross below 3s & dance up on own side
- 25-32 All 4 couples Adv+Ret; 1s cast to 4th place **while** 2s+3s+4s step up



### 3 THE BUNTING BEE S32 · 3/4L

Rod Downey: The Johnsonville Collection · Crib: E-cribs · Diagram: Keith Rose's Diagrams

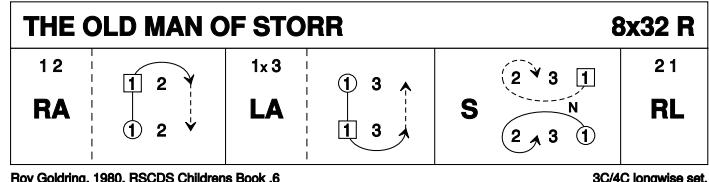
- 1- 1c lead down {3}, up {3}, cross and cast to 2plx (2c up) (2,1x,3)
- 9- Gr-Chain (2,1x,3)
- 17- 1c cross down, cast to 2pl ; dance to top and cast to 2pl (2,1,3)
- 25- Circle6 and back (2,1,3)



### 4 THE OLD MAN OF STORR R32 · 3/4L

Roy Goldring: Scottish Country Dances for Children · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+2c RHA, 1W ends facing out ; 1W (1M following) casts off (2c up) (2,1x,3)
- 9- 1c+3c LHA, 1W ends facing out ; 1W (1M following) casts off (3c up) (2,3,1)
- 17- 1c set, dance to top NHJ, cast off to 2pl (3c down on 21-22)
- 25- 2c+1c R&L



## 5 ECCLEFECHAN FELINE

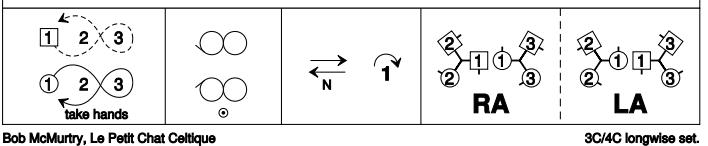
J32 · 3/4L

Bob McMurtry: *Le Petit Chat Celtique* · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c Fig8 on own side (start in and down ; take NH where possible).
- 9- 1c+2c+3c Mirror Reels3 on own sides (2c start out & up)
- 17- 1c dance down middle {3}, up {3}, and cast off (2c up)
- 25- Teapots R ; and L (1M+3c & 1W+2c RHA, 1c pass Rsh ; 1M+2c & 1W+3c LHA) (2,1,3)

### ECCLEFECHAN FELINE

8x32 J



## 6 BALQUIDDER STRATHSPEY

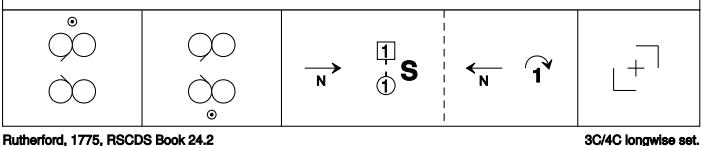
S32 · 3/4L

David Rutherford: *RSCDS XXIV 2* · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+2c+3c mirror Reels3 on the sides, 1c crossing down to begin
- 9- Repeat, 1c crossing back to own sides
- 17- 1c dance NHJ between 2c, face each other and set ; dance to top and cast off to face 1cnr (2c up)
- 25- Turn CPCP (2,1,3)

### BALQUIDDER STRATHSPEY

8x32 S



## 7 MISS JOHNSTONE OF ARDROSSAN

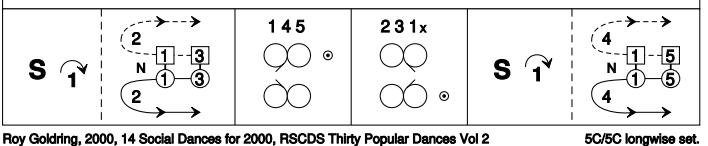
R32 · 5/5L

Roy Goldring: *Thirty Popular Dances, Volume Two* · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c set | cast off (2c up) ; 1c followed by 3c dance up and cast round 2c to (2,3,1,4,5)
- 9- 1c+4c+5c mirror Reels3, 1c cross down to enter, 4c start out and up (2,3,1x,4,5)
- 17- 2c+3c+1c mirror Reels3, 1c cross up to enter, 3c start out and down
- 25- 1c set | cast off to 4pl (4c up) ; 1c followed by 5c dance up and cast round 4c to (2,3,4,5,1)

### MISS JOHNSTONE OF ARDROSSAN

5x32 R



## 8 THE HOLLIN BUSS

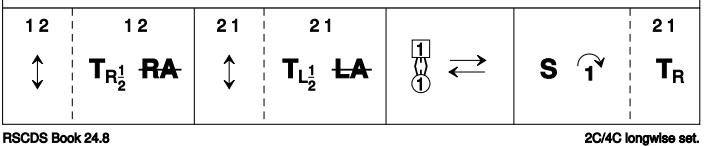
J32 · 2/4L

*RSCDS XXIV 8* · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+2c A&R ; Turn RH ½ into | ½ RHA (2,1)
- 9- 2c+1c A&R ; Turn LH ½ into | ½ LHA (1,2)
- 17- 1c (BHJ) slip down the middle and up
- 25- 1c set | cast off (2c up) ; 2c+1c turn RH

### THE HOLLIN BUSS

8x32 J

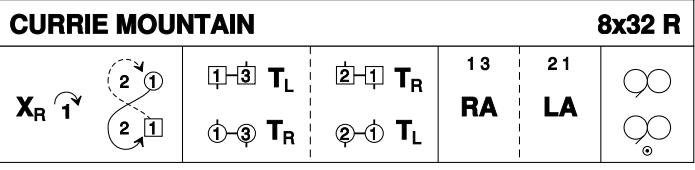


## 9 INTERVAL

## 10 CURRIE MOUNTAIN R32 · 3/4L

Mary Pugh: New Brunswick Collection · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c cross RH, cast off one (2c up);  $\frac{1}{2}$ Fig8 up round 2c (2,1,3)
- 9- 1c (start inwards) turn 3C EH ; 1c turn 2C EH (2,1,3)
- 17- 1c+3c RHA ; 1c+2c LHA
- 25- 2c+1c+3c Reels3 on the sides, 1c giving Rsh to 3c (2,1,3)

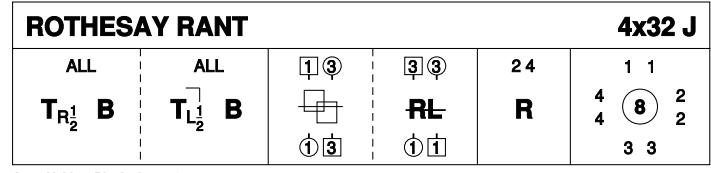


After the second turn the dancing couple continues the reel with bottom couple to change places.

## 11 THE ROTHESAY RANT J32 · 4S

Anna Campbell Holden: Collins Pocket Reference: Scottish Country Dancing · Crib: E-cribs · Diagram: Keith Rose's Diagrams

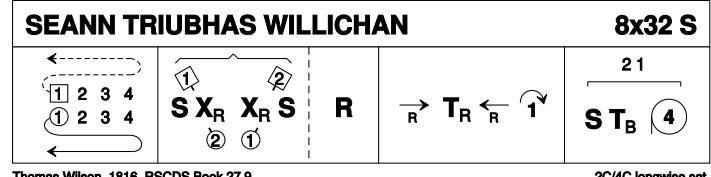
- 1- All C  $\frac{1}{2}$  RH turn and set in circle,  $\frac{1}{2}$  LH turn with corner and set, W face in at end
- 9- 1c+3c  $\frac{1}{2}$  L-Chain,  $\frac{1}{2}$  R&L
- 17- 2c+4c repeat
- 25- All circle8 and back.



## 12 SEANN TRIUBHAS WILLICHAN S32 · 2/4L

Thomas (19C) Wilson: RSCDS XXVII 9 · Crib: E-cribs · Diagram: Keith Rose's Diagrams

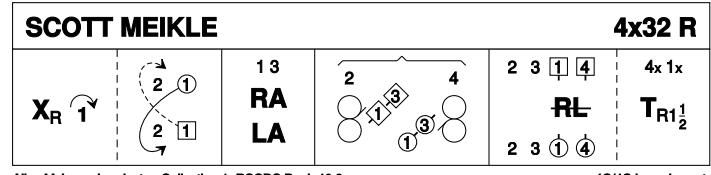
- 1- 1c cast off behind own lines and cast back
- 9- 1W+2M set and change places RH while {4} 1M+2W change places RH and set ; repeat
- 17- 1c lead down the middle | turn RH ; lead up and cast off to 2pl (2c up)
- 25- 2c+1c set | turn BH ; open into circle4 L.



## 13 SCOTT MEIKLE R32 · 4/4L

Alice McLean: RSCDS XLVI 3 · Crib: E-cribs · Diagram: Keith Rose's Diagrams

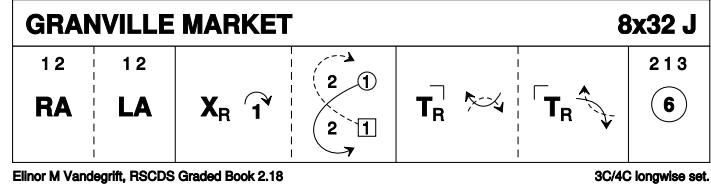
- 1- 1c cross RH | cast (2c up) ;  $\frac{1}{2}$  Fig8 up (2,1,3,4)
- 9- 1c+3c RHA, LHA (2,1,3,4)
- 17- Lsh opposing Reels3 across: (1W+3W behind dancing as one) with 2c and (3M+1M behind) with 4c (to 2,3,1,4)
- 25- 1c+4c  $\frac{1}{2}$  R&L ; turn RH 1 $\frac{1}{2}$  (2,3,4,1)



## 14 GRANVILLE MARKET J32 · 3/4L

Elinor M Vandegrift: A Second Book of Graded Scottish Country Dances · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+2c RHA, LHA
- 9- 1c cross RH | cast (2c up) ; ½ Fig8 up to face 1cnr
- 17- 1c turn 1cnr RH | pass Rsh ; turn 2cnr RH | pass Rsh to (2,1,3)
- 25- Circle6 and back



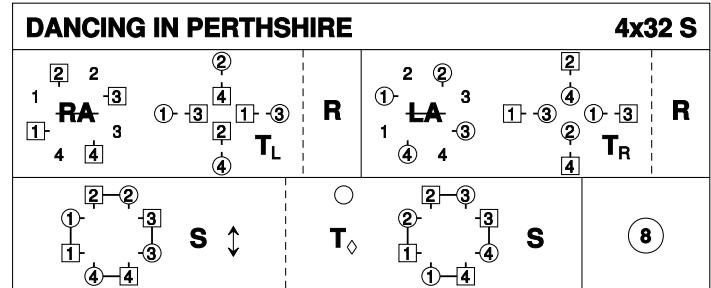
Elinor M Vandegrift, RSCDS Graded Book 2.18

3C/4C longwise set.

## 15 DANCING IN PERTHSHIRE S32 · 4S

Janet Macdonald: RSCDS LIV 3 · Crib: MiniCribs · Diagram: Keith Rose's Diagrams

- 1-8 Ladies dance 1/2 RH across, turn opp Man LH; Ladies dance 1/2 RH across & turn partner LH back to place
- 9-16 Men dance 1/2 LH across, turn opp Lady RH; Men dance 1/2 LH across & turn partner RH back to place
- 17-24 All 4 couples set, Adv+Ret (1 step each); Men Petronella turn 1 place to right & set with new partner
- 25-32 All circle 8H round & back



Janet Macdonald, RSCDS Book 54, Perth & Perthshire Branch 95th Anniversary Dances

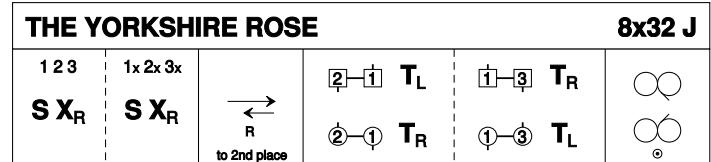
4C/4C square set.

Repeat 3 more times with new partners to end with original partner

## 16 THE YORKSHIRE ROSE J32 · 3/4L

Trish Reid: RSCDS LIV 1 · Crib: MiniCribs · Diagram: Keith Rose's Diagrams

- 1-8 1s+2s+3s set & cross RH, repeat back to places
- 9-16 1s lead down the middle then lead up to 2nd places (2s step up 11-12)
- 17-24 2s+1s turn (Men RH, Ladies LH), 1s+3s turn (Men LH, Ladies RH)
- 25-32 2s+1s+3s dance reflection reels of 3 on sides with 1s out/up, 2s in/down to start (2nd time through the 1s continue the reel into 4th place)



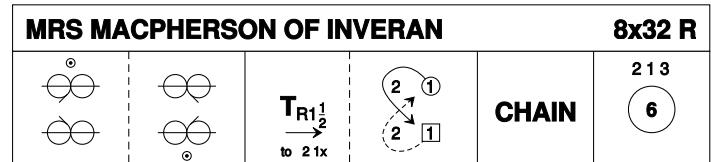
Trish Reid, 2013, RSCDS Book 54

3C/4C longwise set.

## 17 MRS MACPHERSON OF INVERAN R32 · 3/4L

John Drewry: Bon Accord Book of Scottish Country Dances · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+2c+3c Inveran Reels3 (1c crossing top and bottom)
- 9- 1c turn RH 1½ into 2plx facing out (2c up) ; 1c cast up round 2c and cross down to (2,1,3)
- 17- G-Chain (2c cross)
- 25- Circle6 and back (2,1,3)



John Drewry, 1964, Bon Accord Book

3C/4C longwise set.

## 18 EXTRAS

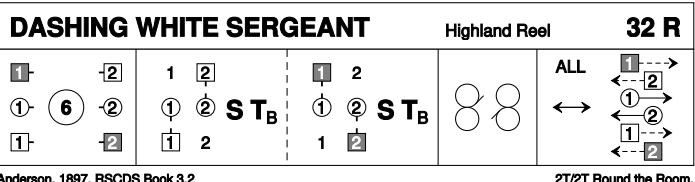
## 19 THE DASHING WHITE SERGEANT

RSCDS III 2 · Crib: E-cribs · Diagram: Keith Rose's Diagrams

R32 · 3+3RR

Trio face trio RR.

- 1- Circle 6 and back
- 9- Each centre person sets to RH P and turns him/her BH ; repeat with LH P
- 17- Reel 3 across, Lsh to RH P
- 25- In lines of 3 across A&R ; advance Rsh through the opposite line of 3 to meet the next line of 3.



Many variations in handing, polite turns, arches and shoulder exist

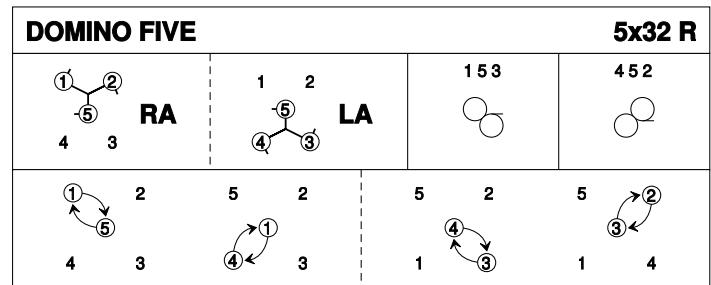
## 20 DOMINO FIVE

R32 · 5pS

Derek Haynes: A Second Book of Graded Scottish Country Dances · Crib: E-cribs · Diagram: Keith Rose's Diagrams

Four dancers, numbered 1,2,3,4 clw, stand in a square facing a fifth dancer in the middle, who faces the gap between numbers 1 and 4

- 1- 1+2+5 RHA ; 3+4+5 LHA
- 9- 5+1+3 Rsh diagonal Reel 3
- 17- 5+2+4 Lsh diagonal Reel 3
- 25- dancers 5 & 1 change places passing RSH | 1 & 4 repeat ; 4 & 3 repeat | 3 & 2 repeat, 2 finish in centre and face up.  
the tracks from one corner to the next should be a smooth curve.

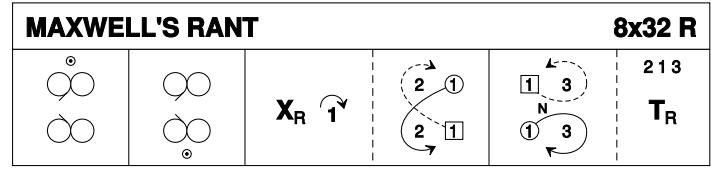


## 21 MAXWELL'S RANT

R32 · 3/4L

David Rutherford: RSCDS XVIII 10 · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- Mirror Reels 3 on the sidelines (1c cross down) (1x,2,3)
- 9- 1c cross back into mirror Reels 3 on own sides
- 17- 1c cross RH | cast (2c up) ; 1/2 Fig 8 round 2c
- 25- 1c dance down between 3c and cast up to 2pl ; 2c+1c+3c turn RH

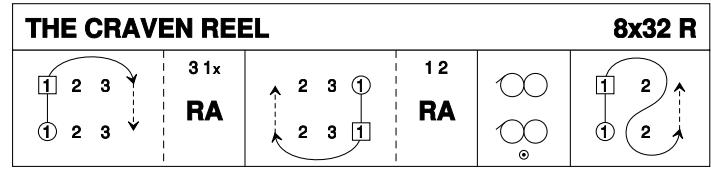


## 22 THE CRAVEN REEL

R32 · 3/4L

Derek Haynes: Carnforth Collection of SC Dances 5 · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1W+1M following cast off 2 (2c+3c up) and cross ; 3c+1c RHA (1W face out)
- 9- 1W+1M following cast up to 1pl (2c+3c down) ; 1c+2c RHA (1,2,3)
- 17- Parallel Reels 3 on own side, 1c Rsh to 2c (1,2,3)
- 25- 1W with 1M following cast off 1, cross up between 2c, cast Lsh round 2M (2c up) to (2,1,3)



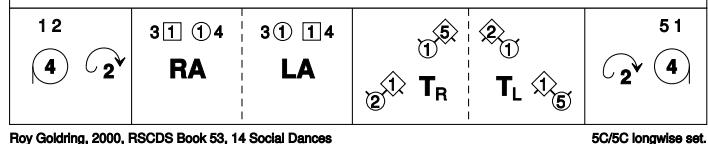
## 23 INCHMICKERY J32 · 5/5L

Roy Goldring: RSCDS LIII 23 · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+2c circle4 L ; 1c long cast to 3pl (2c+3c up) (2,3,1,4,5)
- 9- Teapots R ; and L (1c RHA with C on R ; LHA with C on L)
- 17- 1M+5W & 1W+2M Turn RH to places ; 1M+2W & 1W+5M repeat LH
- 25- 1c long cast to 5pl (4c+5c up) ; 5c+1c circle4 R (2,3,4,5,1)

### INCHMICKERY

5x32 J



5C/5C longwise set.

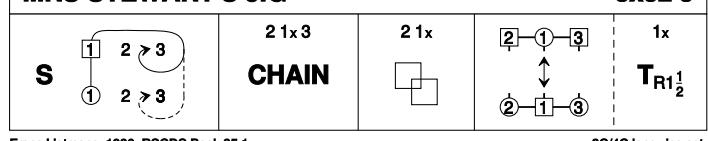
## 24 MRS STEWART'S JIG J32 · 3/4L

Frans Ligtmans: RSCDS XXXV 1 · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c set | 1W casts, 1M following, round 3W, 1W dances up round 3M and 1M dances up the middle, 1c face 3c (2c up on 7–8) (2,1x,3)
- 9- 2c+1c+3c G-Chain (2c cross), 2M+1M finish facing out
- 17- 2c+1c L-Chain
- 25- 2c+1c+3c A&R ; 1c turn RH 1½ to (2,1,3)

### MRS STEWART'S JIG

8x32 J



3C/4C longwise set.

## 25 THE WARATAH WEAVER J32 · 4/4L

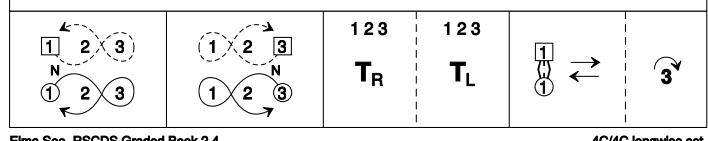
Elma See: A Second Book of Graded Scottish Country Dances · Crib: E-cribs · Diagram: Keith Rose's Diagrams

Can be danced in a 3C, 4C or 5C set

- 1- 1c Fig8 on own sides (start in & down)
- 9- Bottom couple Fig8 on own sides (start in & up)
- 17- All turn P RH ; LH
- 25- 1c slip down | and up to top ; 1c long cast to bottom (other couples up)

### THE WARATAH WEAVER

4x32 J



4C/4C longwise set.

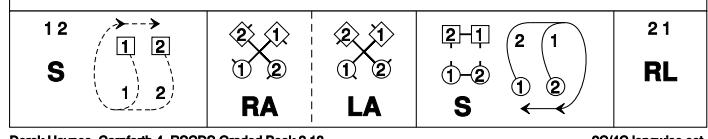
## 26 IT'S NAE BOTHER J32 · 2/4L

Derek Haynes: A Second Book of Graded Scottish Country Dances · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+2c set, 1W+2W cross, passing P Rsh ; 1W (leading) + 2W chase clw to exchanged places
- 9- 1c+2c RHA ; LHA
- 17- 1c+2c set, 1M+2M cross, passing W opposite Rsh ; 2M (leading) +1M chase clw to (2,1)
- 25- 2c+1c R&L

### IT'S NAE BOTHER

8x32 J



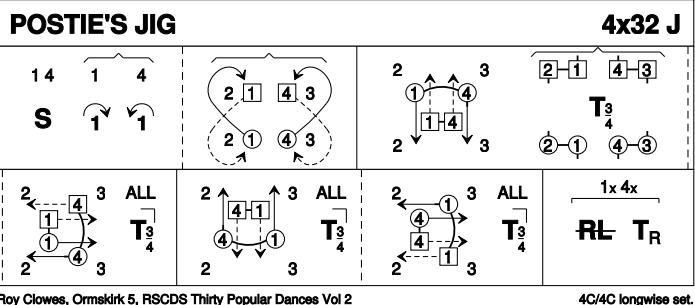
2C/4C longwise set.

## 27 POSTIE'S JIG

J32 · 4/4L

Roy Clowes: *Thirty Popular Dances, Volume Two* · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+4c set, cast to middle positions (2c+3c step to end) ; 1c&4c ½ Fig8 round end C (2,1x,4x,3)
- 9- 1M+4M and 1W+4W cross NHJ, (W under men's arch), turn cnr ¾ with 'free' hand ; 1c facing 4c change places NHJ (arch going up), turn cnr as before
- 17- Repeat (Men's arch ; arch going up)
- 25- 1c+4c ½ R&L ; turn P RH



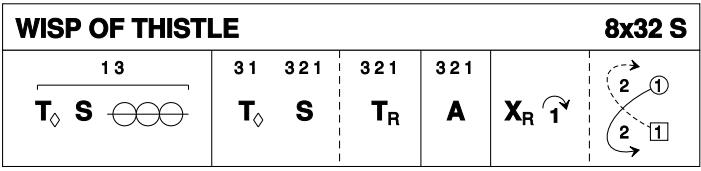
Note that both times the couple moving UP makes the arch.

## 28 WISP OF THISTLE

S32 · 3/4L

Pat Kent: RSCDS XXXVII 4 · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+3c Petronella to midline | set to P ; 1c+3c ½Reel4
- 9- 3c+1c Petronella to own side, 3c+2c+1c set ; all turn P RH into
- 17- 3c+2c+1c Allemande (1,2,3)
- 25- 1c cross RH, cast off one (2c up) ; ½ Fig8 round 2c (2,1,3)



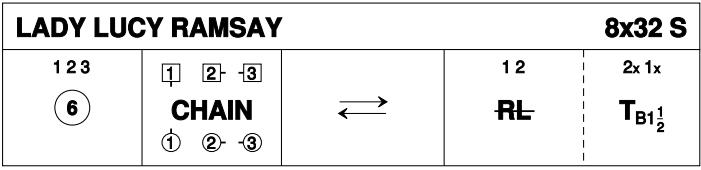
After their second turn, 1c casts to 4pl on [32] as 4c steps up

## 29 LADY LUCY RAMSAY

S32 · 3/4L

Miss Milligan's *Miscellany of Scottish Country Dances* · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- 1c+2c+3c circle6 and back
- 9- G-Chain (1c crosses)
- 17- 1c leads down the middle and up
- 25- 1c+2c ½ R&L ; 1c+2c turn BH 1½ (2,1,3)



## 30 12 COATES CRESCENT

S32 · 4/4L

RSCDS: RSCDS XL 5 · Crib: E-cribs · Diagram: Keith Rose's Diagrams

- 1- All 4 couples set, cross RH ; repeat
- 9- 1c & 4c dance NHJ to meet in centre, with person opposite dance NHJ out sides, and cast to own places ; 1c lead down to 4pl (2c+3c+4c up on 15–16))
- 17- 3c+4c (middle couples) R&L
- 25- 2c+3c & 4c+1c RHA ; LHA

